

Regulation of Lung Surfactant Secretion by Phospholipase A₂

Lin Liu*

Department of Physiology, East Carolina University School of Medicine, Greenville, North Carolina 27858

Abstract Arachidonic acid has been shown to stimulate lung surfactant secretion from alveolar epithelial type II cells. To identify the (phospho)lipases responsible for generating arachidonic acid during lung surfactant secretion, the effects of various (phospho)lipase inhibitors on phosphatidylcholine (PC) secretion from rat alveolar type II cells were investigated. N-(*p*-amylcinnamoyl)anthranilic acid (ACA), a general inhibitor of phospholipase A₂ (PLA₂), inhibited ATP-stimulated PC secretion in a dose-dependent manner. ACA also blocked PC secretion from type II cells stimulated by other secretagogues including phorbol 12-myristate 13-acetate, Ca²⁺ ionophore A23187 and terbutaline, indicating that PLA₂ acts at a late step distal to the generation of second messengers. To determine which PLA₂ isoform(s) is involved in lung surfactant secretion, selective inhibitors to different types of PLA₂ were used to inhibit PLA₂ activity in type II cells. The cytosolic PLA₂ (cPLA₂) inhibitor, arachidonyl trifluoromethyl ketone, was found to inhibit ATP-stimulated PC secretion, whereas the secretory PLA₂ inhibitors, oleoyloxyethylphosphocholine, aristolochic acid, or *p*-bromophenacyl bromide, and the Ca²⁺-independent PLA₂ inhibitors, palmitoyl trifluoromethyl ketone, or haloenol lactone suicide substrate, had no effect. In addition to PLA₂, arachidonic acid is released from diacylglycerol (DAG) by DAG and monoacylglycerol lipases. The DAG lipase inhibitor, RHC-80267 also blocked ATP-stimulated PC secretion. The results suggest that both pathways for generating arachidonic acid via cPLA₂ and DAG lipase may participate in lung surfactant secretion. *J. Cell. Biochem.* 72:103–110, 1999. © 1999 Wiley-Liss, Inc.

Key words: exocytosis; arachidonic acid; phospholipase A₂; diacylglycerol lipase; alveolar type II cells

The alveolar epithelium is composed of two phenotypically distinct cell types: squamous type I and cuboidal type II cells. While type I cells are the sites for gas exchange, type II cells produce lung surfactant, a phospholipid-rich lipoprotein complex that lowers surface tension to prevent collapse of the alveoli. Lung surfactant is stored in lamellar bodies, characteristic secretory organelles of type II cells and re-

leased via fusion of lamellar bodies with plasma membranes. The secretion of lung surfactant is stimulated by various secretagogues including agonists for β -adrenergic receptors and purinoceptors, calcium ionophores, and protein kinase C activators. Based on second messengers and protein kinases involved, those secretagogues are categorized into three different pathways: cAMP/protein kinase A, diacylglycerol (DAG)/protein kinase C and Ca²⁺/Ca²⁺-, and calmodulin-dependent protein kinase [Chander and Fisher, 1990].

Although signal transduction pathways in lung surfactant secretion are relatively well understood the factors involved in membrane fusion are much less known. We have recently shown that annexin II, a member of calcium-dependent phospholipid-binding protein family, promotes *in vitro* fusion of lamellar bodies with liposomes and restores lung surfactant secretion from permeabilized type II cells [Liu et al., 1995, 1996]. Furthermore, arachidonic acid enhances annexin II-mediated membrane fusion, implying a possible role of arachidonic acid in membrane fusion during lung surfac-

Abbreviations: sPLA₂, secretory phospholipase A₂; cPLA₂, cytosolic phospholipase A₂; iPLA₂, Ca²⁺-independent phospholipase A₂; ACA, N-(*p*-amylcinnamoyl)anthranilic acid; AACOCF₃, arachidonyl trifluoromethyl ketone; OOPC, oleoyloxyethylphosphocholine; ASA, aristolochic acid; BPB, *p*-bromophenacyl bromide; PACOCF₃, palmitoyl trifluoromethyl ketone; HELSS, haloenol lactone suicide substrate; RHC-80267, 1,6-bis (cyclohexyloximinocarbonylamino) hexane; IP₃, *myo*-inositol 1,4,5-trisphosphate; DAG, diacylglycerol; PMA, phorbol 12-myristate 13-acetate.

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*Correspondence to: Lin Liu, Ph.D., Department of Physiology, East Carolina University, School of Medicine, Greenville, NC 27858. E-mail: lliu@brody.med.ecu.edu

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tant secretion. Other investigators report that arachidonic acid stimulates surfactant secretion from cultured alveolar type II cells by an undefined mechanism [Gifillan and Rooney, 1985; Baybutt et al., 1994]. In addition, the release of arachidonic acid is increased by incubation of type II cells with lung surfactant secretagogues, Ca^{2+} ionophore and phorbol 12-myristate 13-acetate [Lipchik et al., 1990, Peters-Golden et al., 1992].

There are two major pathways to generate arachidonic acid in cells. One is the hydrolysis of membrane phospholipids by phospholipase A_2 (PLA_2). Another is the liberation of arachidonic acid from DAG by the sequential actions of two lipases: DAG and monoacylglycerol (MAG) lipases [Burgoyne and Morgan, 1990]. Those enzymes have been shown to be involved in exocytosis in various cell types [Frye and Holz, 1983; White et al., 1993; Ramanadham et al., 1993, 1994; Rindlisbacher et al., 1990; Konrad et al., 1994].

Three types of PLA_2 s, secretory PLA_2 (sPLA_2), cytosolic PLA_2 (cPLA_2), and iPLA_2 are identified in lung [Lindahl et al., 1989, Nakano and Arita, 1990, Neagos et al., 1993, Peters-Golden and Feysa, 1994, Pierik et al., 1988]. Phospholipase C and D activities are also detected in type II cells [Griese et al., 1991, Rooney and Gobran, 1993]. However, the specific (phospho)lipases responsible for the generation of arachidonic acid during lung surfactant secretion are not identified. In this study, the effects of specific inhibitors of various (phospho)lipases on lung surfactant secretion were examined. The results suggest that both cPLA_2 and DAG lipase may participate in lung surfactant secretion.

MATERIALS AND METHODS

Materials

N-(*p*-amylcinnamoyl)anthranilic acid (ACA) was purchased from Biomol Research Laboratories (Plymouth Meeting, PA). Arachidonyl trifluoromethyl ketone (AACOCF_3), oleoyloxyethylphosphocholine (OOPC), aristolochic acid (ASA), haloenol lactone suicide substrate (HELSS), palmitoyl trifluoromethyl ketone (PACOCF_3), and 1,6-bis(cyclohexyloximinocarbonylamino)hexane (RHC-80267) were from Calbiochem (San Diego, CA). *p*-Bromophenacyl bromide (BPB), calcium ionophore A23187, ATP, phorbol 12-myristate 13-acetate (PMA), and terbutaline were from Sigma (St. Louis, MO). Ea-

gle's Minimal Essential medium (EMEM) was from ICN (Costa Mesa, CA). Fetal calf serum (FCS) was from GIBCO (Grand Island, NY). Elastase was from Worthington Biochemical Co. (Freehold, NJ). [methyl- ^3H] choline was from NEN (Boston, MA).

Isolation and Culture of Alveolar Epithelial Type II Cells

Type II cells were isolated from the lungs of adult male Sprague-Dawley rats (180–200 g) according to the method of Dobbs et al. [1986]. Rats were anesthetized by intraperitoneal administration of sodium pentobarbital (50 mg/kg body weight). The abdominal cavity was then surgically exposed. Lungs were ventilated and perfused via the pulmonary artery with cold solution II (10 mM Hepes, pH 7.4, 2.6 mM $\text{Na}_2\text{HPO}_4/\text{NaH}_2\text{PO}_4$, 154 mM NaCl, 3.9 mM KCl, 1.7 mM CaCl_2 , 1.3 mM MgSO_4 , 10 mM glucose, 100 $\mu\text{g}/\text{ml}$ streptomycin, and 60 $\mu\text{g}/\text{ml}$ penicillin). After being removed from the thorax, lungs were lavaged six times with cold solution I (Ca^{2+} - and Mg^{2+} -free solution II plus 0.16 mM EGTA) and two times with prewarmed (37°C) solution II. Then, the lungs were instilled intratracheally with 7 ml elastase solution (3 units/ml in solution II) and incubated at 37°C for 12 min, followed by instillation of 6 ml additional elastase solution two times, each incubated for 10 min. At the end of incubation, the lung lobes were minced with a tissue chopper, suspended in 10 ml solution II containing deoxyribonuclease and 3% FCS, and incubated 2 min in a shaking water bath (37°C). The cell suspension was sequentially filtered through nylon gauze (160, 37, and 15 μm mesh size), and centrifuged at 300*g* for 10 min. The cell pellet was suspended in EMEM, plated on a 100 mM bacteriological plastic dish coated with 5 mg rat IgG, and incubated at 37°C for 1 h to remove macrophages. The unattached cells were collected by centrifugation and resuspended in EMEM containing 10% FCS. For secretion studies, isolated type II cells (1×10^6) were plated on 35 mM plastic tissue culture dishes and cultured overnight in 1.5 ml of EMEM containing 10% FCS and 0.6 μCi [methyl- ^3H] choline at 37°C in 5% CO_2 in humidified air. The purity of overnight-cultured type II cells were greater than 90% as evaluated by staining with phosphine 3R.

Surfactant Secretion Assay

The secretion of lung surfactant was measured by following the release of [³H] phosphatidylcholine (PC) from primary culture of type II cells [Chander and Sen, 1993]. Overnight-cultured and [³H] choline-labeled type II cells were washed six times with EMEM and equilibrated for 30 min in 1 ml of serum-free EMEM in the presence or absence of inhibitors. One set of dishes was removed for analysis of the *time zero* value. Secretagogues were added to the remaining dishes and incubated for another 2 h. Medium and cells were extracted with chloroform-methanol according to the method of Bligh and Dyer [1959]. In order to improve the recovery of labeled lipids, carrier PC (400 µg) was added to each sample during the extraction procedure. The lipid extract was dried in a ventilation hood overnight and counted on a scintillation counter. Since more than 95% of lipid-associated choline radioactivity was recovered in the PC, the extracted lipid [³H] radioactivity was assumed to be all in PC [Chander and Sen, 1993]. Secretion was expressed as (dpm in medium/dpm in medium + dpm in cells) × 100%. All secretion data were corrected by subtracting the *time zero* value (1–2%). Viability of type II cells was evaluated by monitoring the release of lactate dehydrogenase (LDH) from the treated cells. LDH activity was determined by the method of Lee and Lardy [1965]. LDH release was expressed as a percentage of total LDH activity found in the medium.

Statistical Method

Data were expressed as mean ± SE. All secretion studies were carried out in duplicate and the individual results were averaged. Statistical significance was evaluated by one-way analysis of variance (ANOVA), followed by comparison of treated versus control by the Bonferroni procedure using SigmaStat software (Jandel Scientific, San Rafael, CA). The level of significance was taken as $P < 0.05$.

RESULTS

Inhibition of PC Secretion by ACA

The PLA₂ inhibitor, ACA, has been shown to block glucose-stimulated insulin secretion from pancreatic islets [Konrad et al., 1992]. The participation of PLA₂ in lung surfactant secretion was therefore investigated using ACA. The secretion of lung surfactant in primary culture of

type II cells was monitored by following the release of [³H] choline-labeled PC. Basal secretion in the absence of any secretagogues was 0.93% during a 2-h incubation. Inclusion of ACA (100 µM) almost completely blocked basal secretion (Table 1). The inhibition was not due to cytotoxic effects, since the rates of LDH release from control and ACA-treated cells were not different (data not shown).

Next, we examined the effects of ACA on secretagogue-stimulated PC secretion. ATP, an agonist of P_{2u} purinoceptor, is known to enhance PC secretion [Chander and Fisher, 1990]. In the presence of 1 mM ATP, PC secretion increased by approximately six-fold over control. ACA (100 µM) inhibited ATP-stimulated secretion by 94% (Table 1). The inhibition was dose-dependent. The concentration required to obtain 50% inhibition (IC₅₀) was ~ 5 µM (Fig. 1).

There are at least three signal transduction pathways in lung surfactant secretion, which involve different second messengers and protein kinases. Therefore, it is of interest to determine whether the ACA inhibition of PC secretion is specific to ATP. PMA stimulates PC secretion by directly activating protein kinase C, whereas terbutaline and Ca²⁺ ionophore A23187 increase PC secretion via β-adrenergic receptor-coupled adenylate cyclase/protein kinase A and Ca²⁺ influx, respectively [Chander and Fisher, 1990]. As shown in Table 1, ACA inhibited all these secretagogue-stimulated PC

TABLE I. Effect of ACA on PC Secretion From Rat Lung Type II Cells^a

Secretagogues	PC Secretion (%)		Inhibition (%)
	–ACA	+ACA	
None	0.93 ± 0.25	0.03 ± 0.02	97
A23187,			
1 µM	3.68 ± 0.68*	0.76 ± 0.54**	79
PMA, 1 µM	6.58 ± 0.27*	0.13 ± 0.08**	98
ATP, 1 mM	5.98 ± 0.72*	0.36 ± 0.20**	94
Terbutaline,			
10 µM	1.75 ± 0.37	0.31 ± 0.18**	82

^a[³H] choline-labeled type II cells were stimulated 2 h with 1 µM Ca²⁺ ionophore A23187, 1 µM PMA, 1 mM ATP, or 10 µM terbutaline in the absence or presence of 100 µM ACA. PC secretion was measured and expressed as (dpm in medium/dpm in medium + dpm in cells) × 100%. Data shown are mean ± SE of three independent experiments, each carried out in duplicate using different cell preparations.

* $P < 0.05$ vs. no additions.

** $P < 0.05$ vs. in the absence of inhibitors.

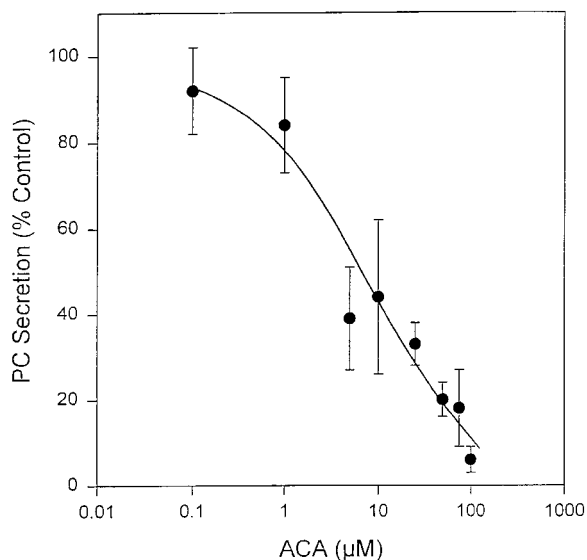


Fig. 1. Dose-dependent inhibition of ATP-stimulated PC secretion by ACA. Type II cells were preincubated 30 min in the presence of varying concentrations of ACA and then stimulated 2 h with 1 mM ATP. PC secretion was measured and expressed as a percentage of the control (in the absence of the inhibitor). Data shown are mean \pm SE of three to four experiments, each carried out in duplicate using different cell preparations.

secretions by 79–98%, indicating that PLA₂ may be a downstream component distal to the generation of second messengers, consistent with our previous finding that arachidonic acid increases annexin II-mediated membrane fusion [Liu et al., 1995], a final step of exocytosis.

Inhibition of PC Secretion by Selective Inhibitors of PLA₂

In lung, three types of PLA₂s have been described: sPLA₂, cPLA₂, and iPLA₂ [Lindahl et al., 1989, Nakano and Arita, 1990, Neagos et al., 1993, Peters-Golden and Feyssa, 1994, Pierik et al., 1988]. To identify which PLA₂ isoform(s) is involved in lung surfactant secretion, the effects of selective inhibitors to each type of PLA₂ on PC secretion were examined. Involvement of cPLA₂ was evaluated using AACOCF₃, a trifluoromethyl ketone analogue of arachidonic acid. AACOCF₃ is a cell-permeable and potent slow-binding inhibitor of cPLA₂ and is more than 1,000-fold less potent as an inhibitor of sPLA₂ [Street et al., 1993, Bartoli et al., 1994, Ackermann et al., 1995]. AACOCF₃ at 10 μ M and 100 μ M significantly inhibited ATP-stimulated PC secretion by 36 and 61%, respectively (Fig. 2).

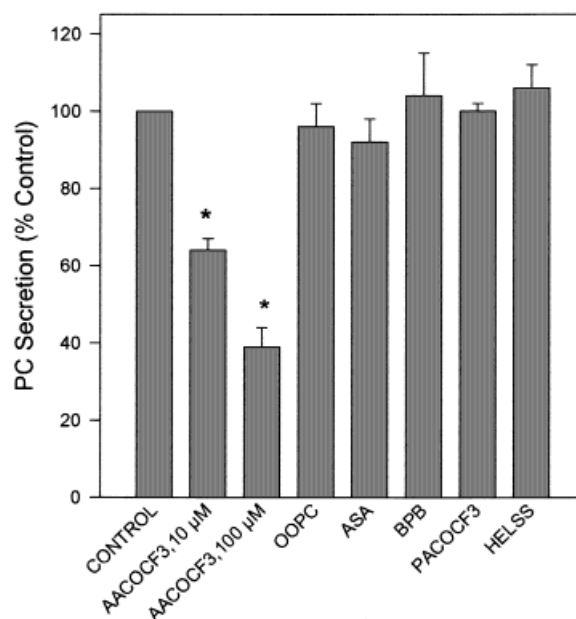


Fig. 2. Effect of selective PLA₂ Inhibitors on ATP-stimulated PC secretion. Type II cells were pretreated 30 min with 10 μ M or 100 μ M AACOCF₃, 10 μ M OOPC, 10 μ M ASA, 10 μ M BPB, 10 μ M PACOCF₃, or 0.1 μ M HELSS and then stimulated 2 h with 1 mM ATP. PC secretion was measured and expressed as a percentage of the control (in the absence of inhibitors). Data shown are mean \pm SE of three to five experiments, each carried out in duplicate using different cell preparations. * P < 0.05 versus control.

Inhibition of sPLA₂ was accomplished by incubating type II cells with sPLA₂ inhibitors. OOPC is a novel site-specific porcine pancreatic PLA₂ inhibitor with IC₅₀ of 6.2 μ M [Magolda et al., 1985]. ASA, a major chemical component derived from *Aristolochia* plant, inhibits sPLA₂ from human synovial fluid, neutrophils, platelets and snake venom [Vishwanath et al., 1988]. BPB modifies a histidine residue in the active site of sPLA₂ [Roberts et al., 1977]. The effects of these inhibitors on PC secretion are shown in Figure 2. OOPC, ASA, and BPB show no significant inhibition of ATP-stimulated PC secretion.

Two iPLA₂ inhibitors, PACOCF₃ and HELSS were employed to investigate the involvement of iPLA₂ in lung surfactant secretion. PACOCF₃, a trifluoromethyl ketone analogue of palmitic acid, inhibits macrophage iPLA₂ with IC₅₀ of 3.8 μ M [Ackermann et al., 1995]. HELSS, a potent, irreversible, mechanism based inhibitor, inhibits macrophage and myocardial iPLA₂ with IC₅₀s of 60 nM and 100 nM, respectively [Ackermann et al., 1995; Hazen et al., 1991].

None of those iPLA₂ inhibitors had effect on ATP-stimulated PC secretion (Fig. 2).

Inhibition of PC Secretion by DAG Lipase Inhibitor

The cPLA₂ inhibitor only partially blocks PC secretion and none of sPLA₂ and iPLA₂ inhibitors does, suggesting that another pathway for the generation of arachidonic acid exists. In addition to PLA₂, arachidonic acid can also be produced from DAG by the sequential actions of two enzymes: DAG and MAG lipases. We therefore examined the effects of RHC-80267, a specific inhibitor of DAG lipase, on PC secretion. RHC-80267 displayed a dose dependent inhibition of ATP-stimulated PC secretion (Fig. 3). A 40% inhibition was observed at 50 μM of RHC-80267.

DISCUSSION

By means of specific inhibitors, the (phospho)lipases involved in lung surfactant secretion from rat alveolar epithelial type II cells were investigated. The present study demonstrates that (i) The general PLA₂ inhibitor, ACA, inhibits various secretagogue-stimulated PC secretions; (ii) The cPLA₂ inhibitor, AACOCF₃, but not the sPLA₂ and iPLA₂ inhibitors blocks ATP-

stimulated PC secretion; and (iii) The DAG lipase inhibitor, RHC-80267 inhibits ATP-stimulated PC secretion. The results point to roles of cPLA₂ and DAG lipase in lung surfactant secretion.

PLA₂ represents a diverse family of enzymes with heterogeneous biochemical characteristics [Dennis, 1994]. sPLA₂ has a low molecular mass (~14 kDa), is sensitive to dithiothreitol and requires mM Ca²⁺ for its activity. These secretory forms of PLA₂ are found in venoms, pancreatic secretions and inflammatory fluids. BPB, an inhibitor of sPLA₂, has been shown to block catecholamine secretion from bovine adrenal chromaffin cells [Frye and Holz, 1983] and human eosinophil degranulation [White et al., 1993]. In contrast to those reports, BPB and other sPLA₂ inhibitors including OOPC and ASA have no effect on PC secretion from lung type II cells. Although sPLA₂ is found in lung [Lindahl et al., 1989; Nakano and Arita, 1990] its existence in alveolar type II cells is controversial. While sPLA₂ can not be detected in type II cells by Western blot using antibodies against group I and group II sPLA₂s [Neagos et al., 1993] an alkaline Ca²⁺ (mM)-dependent, BPB-sensitive PLA₂ activity is observed in type II cells [Fisher and Dodia, 1996]. In views of low concentration of Ca²⁺ (μM) and high concentration of glutathione (mM), an intracellular role of sPLA₂ in type II cells is doubtful. However, the possibility that extracellular sPLA₂, secreted either by type II cells or by macrophages, endothelial cells and fibroblast, exerts its role on surfactant secretion can not be excluded, since extracellular mM Ca²⁺ is available. A recent paper reported that PC12 cells release sPLA₂ when the cells were stimulated with carbamylcholine or potassium. Furthermore, exogenous sPLA₂ increases catecholamine secretion, whereas an antibody against sPLA₂ decreases [Matsuzawa et al., 1996].

iPLA₂s were isolated from myocardium, macrophage-like cells P388D₁ and brain [Ackermann and Dennis, 1995]. Myocardial iPLA₂ has a molecular mass of 40 kDa and prefers plasmalogen. Its activity is stimulated by ATP and inhibited by a mechanism-based inhibitor, HELSS. This iPLA₂ is also expressed in pancreatic islet β cells and vascular smooth muscle cells. Since HELSS inhibits glucose-induced insulin secretion and a rise of intracellular Ca²⁺ from pancreatic islet β cells it is suggested that secreta-

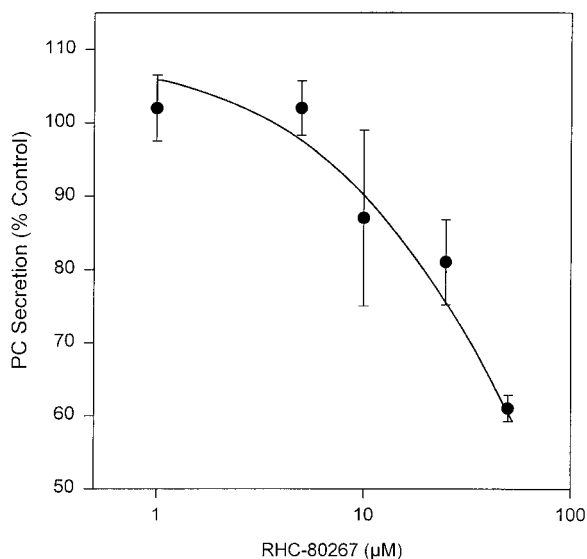


Fig. 3. Effect of DAG lipase inhibitor RHC-80267 on ATP-stimulated PC secretion. Type II cells were preincubated 30 min in the presence of varying concentrations of RHC-80267 and then stimulated 2 h with ATP. PC secretion was measured and expressed as a percentage of the control (in the absence of the inhibitor). Data shown are mean ± SE of three experiments, each carried out in duplicate using different cell preparations.

gogues activate islet iPLA₂, release arachidonic acid, facilitate Ca²⁺ entry into β cells, and thus increase insulin secretion [Ramanadham et al., 1993, 1994]. Macrophage iPLA₂ has an apparent molecular mass of 80 kDa. Its activity is also stimulated by ATP and inhibited by HELSS and PACOCF₃. Previous studies have indicated that macrophage iPLA₂ may play roles in the esterification of arachidonic acid into membrane phospholipids and endocytosis [Balsinde et al., 1995; Mayorga et al., 1993]. Although iPLA₂ activity is detected in lung [Pierik et al., 1988] whether myocardial and macrophage iPLA₂s are present in alveolar type II cells is unknown. The present finding that the inhibitors of iPLA₂, PACOCF₃, and HELSS have no effect on PC secretion suggests that iPLA₂ is not a major player in lung surfactant secretion. Recently, a rat lung 26 kDa acidic Ca²⁺-independent PLA₂ (aiPLA₂) has been isolated and cloned [Kim et al., 1997]. This aiPLA₂ shows a maximal activity at acidic pH (pH 4.0), is insensitive to BPB, ATP, and AACOCF₃, but is inhibited by a transition state phospholipid analog, MJ33. The major activity of aiPLA₂ is found in lamellar body/lysosomal compartment. aiPLA₂ may be involved in PC remodeling and the degradation of DPPC in granular pneumocytes [Fisher and Dodia, 1996].

cPLA₂ is a high molecular mass (~85 kDa), cytosolic and widely distributed enzyme. It requires μM Ca²⁺ for binding to substrates. cPLA₂ is resistant to reducing agents, but is inhibited by AACOCF₃. Unlike other PLA₂, cPLA₂ selectively hydrolyzes arachidonyl phospholipids. Besides, cPLA₂ can translocate from cytosol to membrane in a Ca²⁺-dependent manner and is regulated by protein kinases including protein kinase C and MAP kinase [Channon and Leslie, 1990; Qiu and Leslie, 1994]. These properties make it a good candidate to participate in signal transduction. cPLA₂ activity has been characterized in alveolar epithelial type II cells [Neagos et al., 1993]. The present study shows that AACOCF₃ inhibits ATP-stimulated PC secretion, suggesting a participation of cPLA₂ in lung surfactant secretion.

In type II cells, ATP stimulates P_{2u} puroceptor and increases the hydrolysis of phosphatidylinositol 4,5-bisphosphate to generate inositol trisphosphate (IP₃) and DAG by a G-protein coupled phosphoinositide-specific phospholipase C (PI-PLC) [Griese et al., 1991]. IP₃ leads

to the mobilization of intracellular Ca²⁺ and DAG activates protein kinase C. ATP also activates phospholipase D (PLD) in type II cells and results in the formation of phosphatidic acid [Rooney and Gobran, 1993]. The latter is metabolized to DAG via phosphatidic acid phosphatase. While PI-PLC acts at early phase (~10 sec), the activation of PLD occurs at late phase (5–10 min) of stimulation. DAG can be hydrolyzed sequentially by DAG and MAG lipases to produce arachidonic acid. Both lipases translocate from gelatinase containing granules to the plasma membranes of neutrophils in response to stimulation by Ca²⁺ ionophore A23187 [Balsinde et al., 1991]. RHC-80267, a specific inhibitor of DAG lipase, has previously shown to inhibit catechamine release induced by acetylcholine from chromaffin cells [Rindlisbacher et al., 1990] and insulin secretion induced by glucose from pancreatic islets [Konrad et al., 1994]. The present finding that RHC-80267 inhibits ATP-stimulated PC secretion from alveolar type II cells indicates another pathway for the production of arachidonic acid during lung surfactant secretion. However, the relative contributions of two pathways (cPLA₂ and DAG lipase) in the secretagogue-induced secretion remain to be determined.

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